

RACHEL'S LUNCH

SNACKS & APPS

Chicken Vegetable Soup

10

Nachos Grande

ground beef, cheddar cheese, diced tomatoes, onions, jalapeno, black olives, sour cream, salsa and guacamole 19

Bowl of Mussels

steamed open ~ aromatic vegetables & beer 21

Fried Calamari

golden fried ~ side of tomato sauce 21

SALAD

grilled chicken breast* +8 Salad Toppings
jumbo grilled shrimp* +6 each 7oz. grilled salmon* +17

Ocean Beach Salad

baby arugula with orange, tomato, sunflower seeds, radicchio & gruyère
~ Red Wine Vinegar & Olive Oil 18

Caesar Salad

crisp romaine, parmigian cheese, croutons
~ House made Classic Caesar dressing 18

Greek Summer Salad

romaine lettuce, cucumber, tomato, kalamata olives, pepperoncini, red onion, feta cheese ~ lemon-parsley vinaigrette 18

Rachel's House Salad

mixed greens, chickpeas, cucumber, artichoke hearts, fresh mozzarella & tomato
~ Italian Vinaigrette 18

BURGERS, SANDWICHES & WRAPS

SERVED WITH FRENCH FRIES

Beach Burger* 21

8oz. black Angus beef
+ add cheese \$2 American or Mozzarella
add bacon, mushrooms, onions 2.5 ea.

Buttermilk Fried Chicken Sandwich*

coleslaw & dill pickle 21

Substitute Gluten Free Roll 2.75

Confit Artichoke Heart Flowers ~ Grilled

Baby Arugula, Tomato & Gruyère ~ Balsamic Glaze ~ Brioche Bun 23

Grilled Chicken Sandwich*

lettuce, tomato, fried onions & Swiss cheese 21

Blackened Mahi-Mahi Sandwich*

cajun style, with lettuce, tomato and a house made tartar sauce on Ciabatta 22

Chicken Caesar Wrap*

grilled chicken, crisp romaine, parmigian ~ whole wheat wrap 19

prices reflect cash discount - 3.5% surcharge will be added with a credit card payment

*COOK TO ORDER. CONSUMING RAW OR UNDERCOOKED MEATS, POULTRY, SEAFOOD, SHELLFISH, OR EGGS MAY INCREASE YOUR RISK OF FOODBORNE ILLNESS

Rachel's reserves the right to add a 20% gratuity to your check