

# RACHEL'S LUNCH

## Snacks & Apps

### TZATZIKI & HUMMUS DIP - 16

WITH CAULIFLOWER CHIPS

### FRIED CALAMARI - 19

GOLDEN FRIED - SIDE OF TOMATO SAUCE

### CHICKEN TENDERS\* - 16

CRISPY WHITE MEAT TENDERLOINS  
HONEY MUSTARD DIPPING SAUCE

## Brunch *served until 2 pm*

### TWO EGGS ANY STYLE - 11

CHOICE OF TOAST - SIDE OF FRENCH FRIES  
*+ additional +2.5 / egg whites only +3  
add side of bacon, ham or sausage +3.75*

### LIGHT OMELETTE - 18

THREE EGG WHITE OMELETTE, WITH MUSHROOMS, SPINACH AND ONIONS AND CHOICE OF TOAST AND A SIDE OF FRENCH FRIES

## Salad

### RACHEL'S HOUSE SALAD - 17

LETTUCE, CHICKPEAS, CUCUMBER, ARTICHOKE HEARTS, FRESH MOZZARELLA & TOMATO - ITALIAN VINAIGRETTE

### GREEK SUMMER SALAD - 17

ROMAINE LETTUCE, CUCUMBERS, TOMATOES, KALAMATA OLIVES, PEPPERONCINI, RED ONION, FETA CHEESE - LEMON-PARSLEY VINAIGRETTE

## Burgers, Sandwiches & Wraps *served with French fries*

### BEACH BURGER\* - 18.5

½LB. BLACK ANGUS BEEF  
*+ add cheese \$2  
America, Mozzarella, Swiss, Cheddar  
add bacon, mushrooms, onions 2.5 ea.*

### HOUSE MADE BLACK BEAN

### BURGER - 17.5

TOPPED WITH OVEN ROASTED TRI-COLOR PEPPERS

### LOBSTER ROLL - 35

DILL, CAPERS & MAYONNAISE ON A BUTTERY ROLL

### BUTTERMILK FRIED CHICKEN

### SANDWICH\* - 18

COLESLAW & DILL PICKLE - ON A BRIOCHE ROLL

### CHICKEN CAESAR WRAP\* - 17.5

GRILLED CHICKEN, CRISP ROMAINE, PARMIGIAN - WHOLE WHEAT WRAP

### GRILLED CHICKEN SANDWICH\*

- 17.5

CHICKEN BREAST, CARAMELIZED ONIONS & MELTED GRUYÈRE ON A CIABATTA BREAD

### BOWL OF MUSSELS - 19

STEAMED OPEN WITH AROMATIC VEGETABLES & BEER

### NACHOS GRANDE - 18

GROUND BEEF, CHEDDAR CHEESE, DICED TOMATOES, ONIONS, JALAPENO, BLACK OLIVES, SOUR CREAM, SALSA AND GUACAMOLE

### BUFFALO WINGS\* - 16

BLEU CHEESE DRESSING & CELERY

### CLASSIC CHEESE OMELETTE - 15.5

CHOICE OF AMERICAN, SWISS OR CHEDDAR & TOAST  
SIDE OF FRENCH FRIES  
ADD IN BACON, HAM OR SAUSAGE 17.5

### ELICON'S EGGS - 18

BLACK BEANS & RICE WITH CORN & SPINACH AND TWO FRIED EGGS

### CAESAR SALAD - 16

CRISP ROMAINE, PARMIGIAN CHEESE, CROUTONS  
- HOUSE MADE CLASSIC CAESAR DRESSING

*Add a Topping ~*

*grilled chicken breast\* +7 grilled salmon\* +13 grilled shrimp +3.5 each*

*Substitute Gluten Free Roll 2.75*

\*CONSUMING RAW OR UNDERCOOKED MEATS, POULTRY, SEAFOOD, SHELLFISH, OR EGGS MAY INCREASE YOUR RISK OF FOODBORNE ILLNESS.\*

*Rachel's reserves the right to add a 20% gratuity to your check*